

Announcements

We are posting upcoming events on the website now each week so you will need to look online for things coming up, we are also on facebook, look for upcoming events there also.

NEW CLASSES OPENING in IF

Starting Mar 29th from 5 - 6 pm on Mon and Wed will be a basic class for white through yellow belt juniors ages 7-12. If you wish to switch to these days instead of Tues and Thurs, please contact Mrs. Southwick 406-8960. Unless you are in leadership you will be assigned those days. You will not be allowed to alternate days unless approved by Miss Samantha Southwick since she will be instructing on Mon and Wed.

Year Calendar Change

Advanced Kubaton on Mar 19, 20 will be cancelled. Leadership Camp is being moved to Idaho Falls Location front 9 - 11 am on Mar 20. Print the year calendar again. We have made changes for July and Aug.

Business Training

Business training for those interested in marketing and program directing positions in Pocatello and Idaho Falls Academics will be on Mar 20 from 12:00 noon to ~:(10 p m at 2250 Bittern Drive (IF Academy location) Contact Master Southwick 406-2396 for more information. Must be 17 years and older. No martial arts experience needed.

IMAC Fees

IMAC Fees need to be paid this month in order to test. Your IMAC card will need to be brought and shown at the registration table on testing day. I have everyone cards so if you do not have it yet you probably have not paid your fees of \$20 for 2010. Check with Dave Carpenter 244-1186

Testing Fees

Any testing fees paid after Mar 11 with no arrangements made with Mrs. Southwick, there will be a \$10 late fee, this includes black belt midterms.

Star Books

Books are mandatory for testing, you must have the book turned by testing day. If no book is received then testing will be denied. 12 weeks total (progress reports and report cards count for the school part)

Parent Stripe

Each student under the age of 18 are required to earn a parent stripe. This stripe is done 1 time each testing cycle with the black belt standard (confidence - basics. respect- intermediate. focus - advanced). They need to improve in an action or habit that you would like to see worked on (example: winning, homework completed, chores. attitude, improved grades, etc) and set a time and date you want it accomplished by then write it down on a paper and have the student bring it to class for a stripe. Must be accomplished at least 1 week before testing in this case by next week for Poc and IF students.